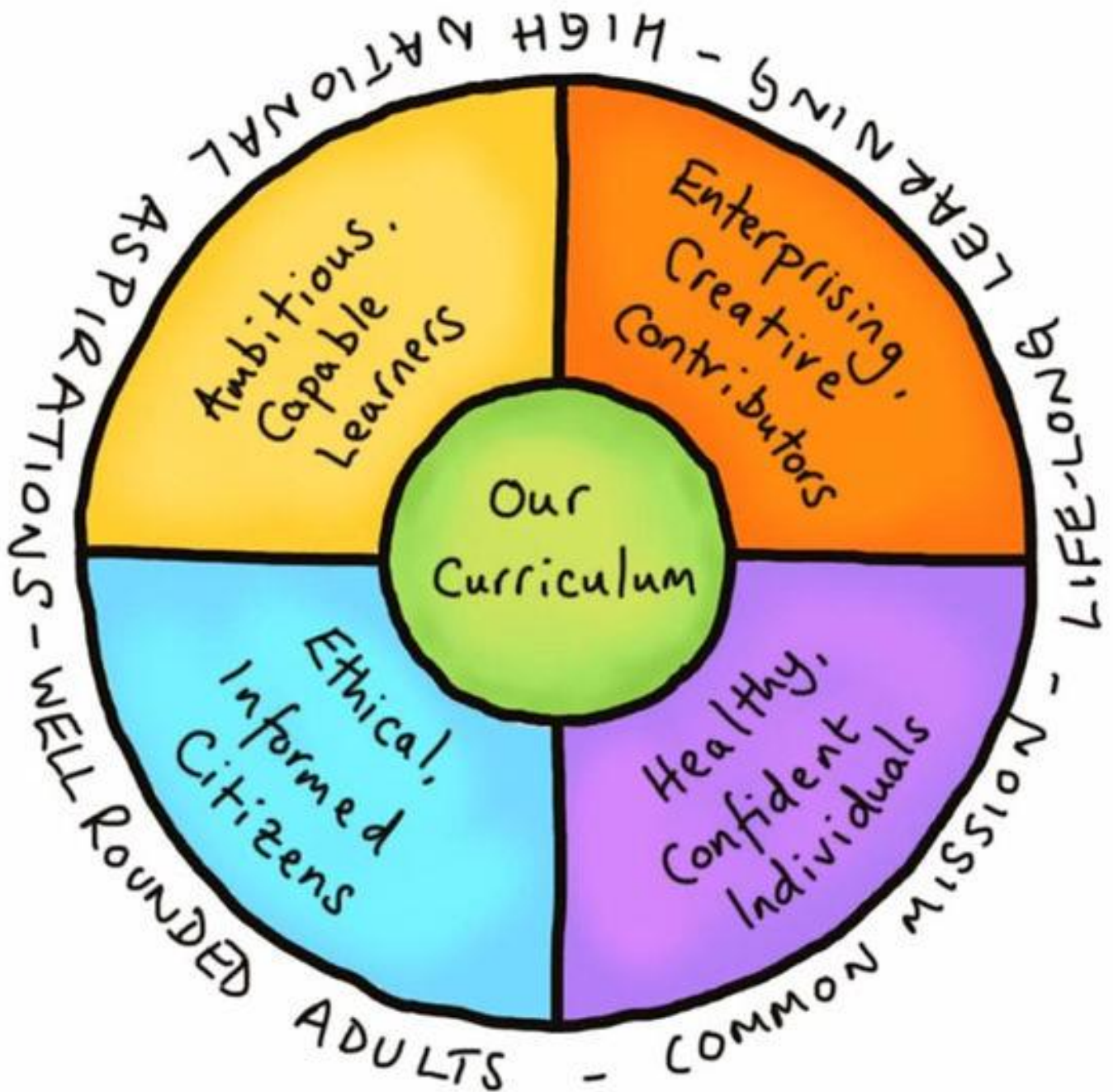
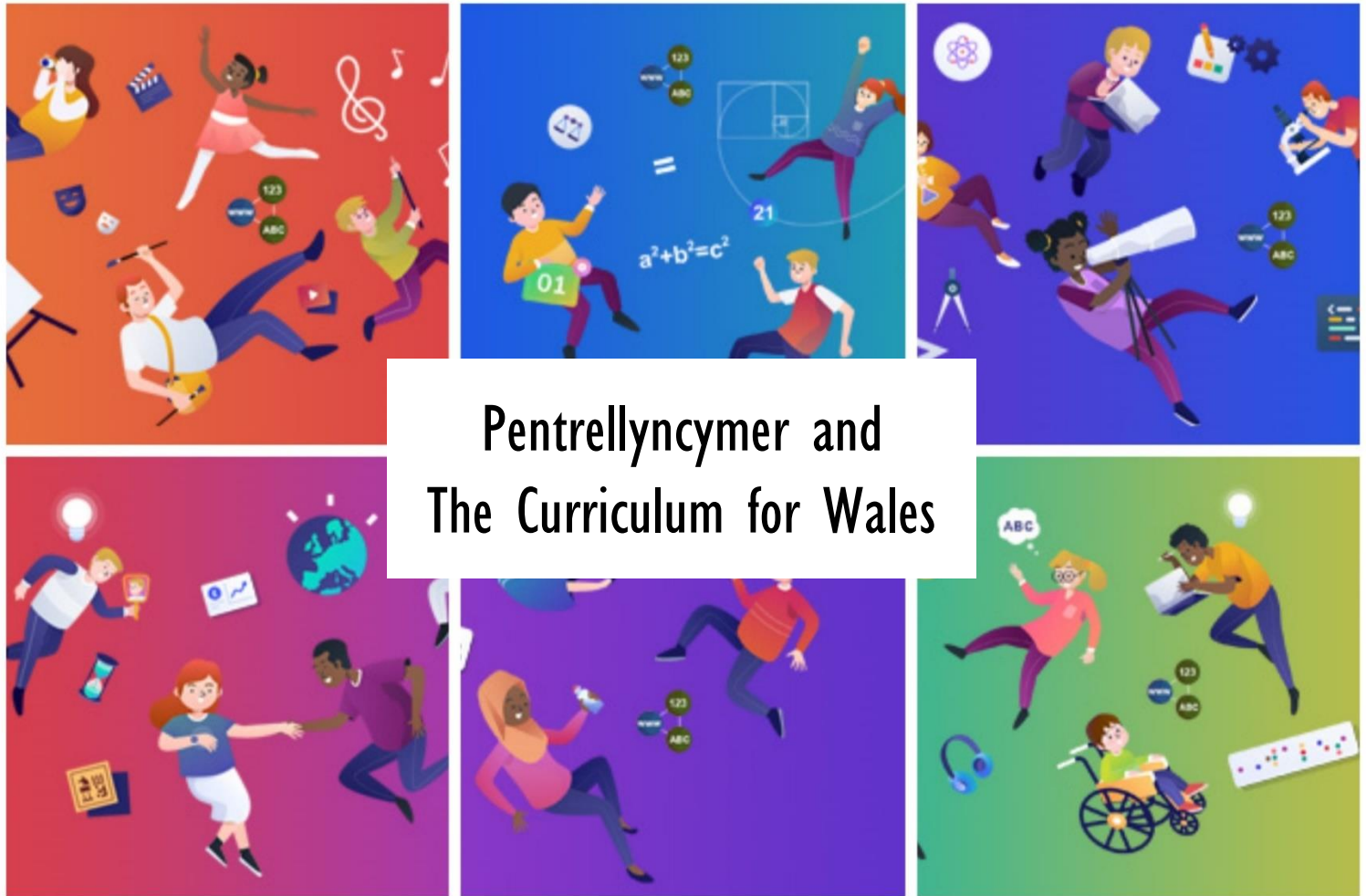


How does your Pentrellyncymer residential link to the 4 Purposes of Curriculum for Wales?





Supporting and Enhancing the Curriculum at Pentrellyncymer

A residential Outdoor Education experience should be seen as an opportunity to both support and extend the school-based curriculum. The potential benefits to learners are huge – even more so if visits are planned with this in mind.

This document therefore aims to:

- Show the importance of Outdoor Learning in supporting the New Curriculum in Wales
- Show what High Quality Outdoor Learning should look like
- Show a link from these to the 4 Purposes within the context of an outdoor and residential experience at Pentrellyncymer
- Show how a residential experience at Pentrellyncymer links to the 4 purposes
- Show specific links to the 4 purposes from individual activity session plans

We plan for your group to learn through outdoor education during their residential. Part of that learning will be to develop their personal skills. At Pentrellyncymer, one of our most important learning objectives is to develop GRIT (growth mindset, resilience, independence, teamwork). This will be the main focus and will run through all our sessions.

ambitious, capable learners who:

- set themselves high standards and seek and enjoy challenge
- are building up a body of knowledge and have the skills to connect and apply that knowledge in different contexts
- are questioning and enjoy solving problems
- can communicate effectively in different forms and settings, using both Welsh and English
- can explain the ideas and concepts they are learning about
- can use number effectively in different contexts
- understand how to interpret data and apply mathematical concepts
- use digital technologies creatively to communicate, find and analyse information
- undertake research and evaluate critically what they find and **are ready to learn throughout their lives**

Activity: BUSHCRAFT

A typical 3 hour session for a KS2 class in a small woodland area.....

- Aims of the session (linked to GRIT)
- Weather & effects
- Natural environment (forestry/dam/lake)
- Safety (manage risks in forest)
- History (life of ancestors in UK)
- Shelter building skills
- Fire safety
- Fire lighting skills
- Teamwork /
- Resilience
- Environmental impact
- Review (linked to GRIT)

ethical, informed citizens who:

- find, evaluate and use evidence in forming views
- engage with contemporary issues based upon their knowledge and values
- understand and exercise their human and democratic responsibilities and rights
- understand and consider the impact of their actions when making choices and acting
- are knowledgeable about their culture, community, society and the world, now and in the past
- respect the needs and rights of others, as a member of a diverse society
- show their commitment to the sustainability of the planet and **are ready to be citizens of Wales and the world**

enterprising, creative contributors who:

- connect and apply their knowledge and skills to create ideas and products
 - think creatively to reframe and solve problems
 - identify and grasp opportunities
 - take measured risks
 - lead and play different roles in teams effectively and responsibly
 - express ideas and emotions through different media
 - give of their energy and skills so that other people will benefit
- and **are ready to play a full part in life and work**

Key Words / Language / Briefings

Aims: Natural environment / history / Survival skills /challenge / teamwork / resilience / safety

Cross Curricular Learning:

- **Health and Well-being** – Growth mindset / facing challenge / resilience
- **LLC** – Communication through Cymraeg / communication and supporting others
- **Humanities** – Physical geography / history / weather / 3nvironmental impact
- **S&T** – Flora / Fauna

healthy, confident individuals who:

- have secure values and are establishing their spiritual and ethical beliefs
- are building their mental and emotional well-being by developing confidence, resilience and empathy
- apply knowledge about the impact of diet and exercise on physical and mental health in their daily lives
- know how to find the information and support to keep safe and well
- take part in physical activity
- take measured decisions about lifestyle and manage risk
- have the confidence to participate in performance
- form positive relationships based upon trust and mutual respect
- face and overcome challenge
- have the skills and knowledge to manage everyday life as independently as they can and **are ready to lead fulfilling lives as valued members of society.**

The Four Purposes

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Activity: CANOEING

A typical 3 hour session for a KS2 class on an upland lake.....

- Aims of the session (linked to GRIT)
- Weather & effects
- Personal equipment
- Natural environment (forestry/lakes)
- Safety (water safety/lifting & carrying)
- History (dam/history of canoeing)
- Paddling skills
- Journeying
- Challenge
- Teamwork
- Awe and wonder
- Environmental impact
- Water users' conflicts
- Review (linked to GRIT)
- Equipment return

ethical, informed citizens who:

- find, evaluate and use evidence in forming views
- engage with contemporary issues based upon their knowledge and values
- understand and exercise their human and democratic responsibilities and rights
- understand and consider the impact of their actions when making choices and acting
- are knowledgeable about their culture, community, society and the world, now and in the past
- respect the needs and rights of others, as a member of a diverse society
- show their commitment to the sustainability of the planet and are ready to be citizens of Wales and the world

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 - give of their energy and skills so that other people will benefit
- and are ready to play a full part in life and work

Key Words / Language / Briefings

Aims: Healthy activity / exploration / natural environment / challenge / teamwork / leadership / awe and wonder / water safety

Cross Curricular Learning:

- **Health and Well-being** – Growth mindset / facing challenge / awe and wonder
- **LLC** – Communication through Cymraeg / communication and supporting others
- **Humanities** - Physical geography / geology / water cycle / weather / environmental impact / land use changes & conflict
- **S&T** - Flora / Fauna (Ospreys)

healthy, confident individuals who:

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- undertake research and evaluate critically what they find and are ready to learn throughout their lives

Activity: **CLIMBING**

A typical 3 hour session for a KS2 in our onsite climbing wall.....

- Aims of the session (linked to GRIT)
- History (chapel/village /centre)
- Safety
- Warm-up
- Climbing skills
- Challenge / resilience
- Problem solving
- Personal equipment
- Safety equipment
- Teamwork
- Review (linked to GRIT)
- Next steps

ethical, informed citizens who:

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- understand and consider the impact of their actions when making choices and acting
- are knowledgeable about their culture, community, society and the world, now and in the past
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 - express ideas and emotions through different media
 - give of their energy and skills so that other people will benefit
- and are ready to play a full part in life and work

Key Words / Language / Briefings

Aims: Healthy activity / challenge / resilience / problem solving / teamwork / safety

Cross Curricular Learning:

- **Health and Well-being** – Growth mindset / facing challenge
 - **LLC** – Communication through Cymraeg / communication and supporting others
- **Humanities** – History of the chapel / village / school / centre

healthy, confident individuals who:

- have secure values and are establishing their spiritual and ethical beliefs
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- apply knowledge about the impact of diet and exercise on physical and mental health in their daily lives
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