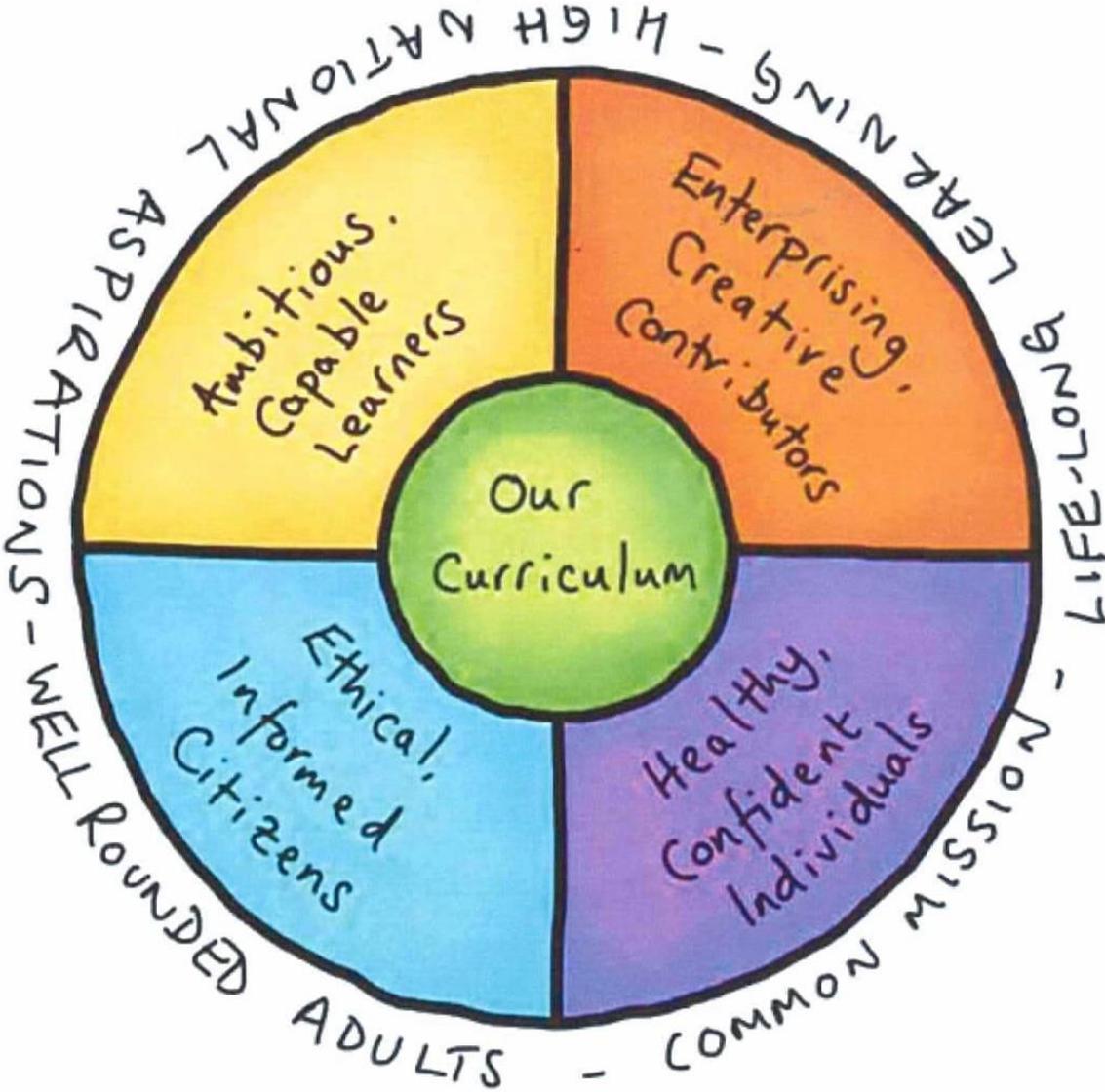


How does your Nant BH residential link to the 4 Purposes of Curriculum for Wales?



Supporting and Enhancing the Curriculum at Nant BH

A residential Outdoor Education experience should be seen as an opportunity to both support and extend the school-based curriculum. The potential benefits to learners are huge – even more so if visits are planned with this in mind.

This document therefore aims to:

- **Show the importance of Outdoor Learning in supporting the New Curriculum in Wales**
- **Show what High Quality Outdoor Learning should look like**
- **Show a link from these to the 4 Purposes within the context of an outdoor and residential experience at Nant Bwlch Yr Haearn**
- **Show how a residential experience at Nant BH links to the 4 purposes**
- **Show specific links to the 4 purposes from individual activity session plans**

<p>Ambitious, capable learners who:</p> <ul style="list-style-type: none"> - set themselves high standards and seek and enjoy challenge - are building up a body of knowledge and have the skills to connect and apply that knowledge in different contexts - are questioning and enjoy solving problems - can communicate effectively in different forms and settings, using both Welsh and English - can explain the ideas and concepts they are learning about - can use number effectively in different contexts - understand how to interpret data and apply mathematical concepts - use digital technologies creatively to communicate, find and analyse information - undertake research and evaluate critically what they find and are ready to learn throughout their lives. 	<p><u>Activity : CANOEING</u></p> <p>A KS2 class taking part in a 3 Hour activity session on mountain lake (E.g., Llyn Gerionydd / Llyn Brenig)</p> <ul style="list-style-type: none"> • Aims of session & Personal equipment • Weather & effects • Lifting and carrying • Weather and effects • Paddling Skills and Journeying • Teamwork and communication • Environmental impact • Water users – conflicts • Water Safety • Signposting – future participation 	<p>Ethical, informed citizens who:</p> <ul style="list-style-type: none"> - find, evaluate and use evidence in forming views - engage with contemporary issues based upon their knowledge and values - understand and exercise their human and democratic responsibilities and rights - understand and consider the impact of their actions when making choices and acting - are knowledgeable about their culture, community, society and the world, now and in the past - respect the needs and rights of others, as a member of a diverse society - show their commitment to the sustainability of the planet and are ready to be citizens of Wales and the world.
<p>Enterprising, creative contributors who:</p> <ul style="list-style-type: none"> - connect and apply their knowledge and skills to create ideas and products - think creatively to reframe and solve problems - identify and grasp opportunities - take measured risks - lead and play different roles in teams effectively and responsibly - express ideas and emotions through different media - give of their energy and skills so that other people will benefit and are ready to play a full part in life and work. 	<p><u>Key Words / Language / Briefings</u></p> <p>Aims: Healthy activity / natural environment / challenge / cooperation – teamwork / communication / water safety</p> <p>Cross Curricular Learning:</p> <ul style="list-style-type: none"> • Cymraeg Place names and locations • Physical Geography – Water cycle / glaciation / weather • Human Geography – Land use changes & conflict • Science – forces / levers / fire / lifting and carrying 	<p>Healthy, confident individuals who:</p> <ul style="list-style-type: none"> - have secure values and are establishing their spiritual and ethical beliefs - are building their mental and emotional well-being by developing confidence, resilience and empathy - apply knowledge about the impact of diet and exercise on physical and mental health in their daily lives - know how to find the information and support to keep safe and well - take part in physical activity - take measured decisions about lifestyle and manage risk - have the confidence to participate in performance - form positive relationships based upon trust and mutual respect - face and overcome challenge - have the skills and knowledge to manage everyday life as independently as they can and are ready to lead fulfilling lives as valued members of society.

The 4 Purposes

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- use digital technologies creatively to communicate, find and analyse information
- undertake research and evaluate critically what they find and are ready to learn throughout their lives.

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Activity : GORGE WALKING

A KS2 class taking part in a 3 Hour activity session in a mountain stream (E.g., Ceunant yr afon ddu)

- Aims of session & Personal equipment
- Challenge
- Weather & effects
- Lifting and carrying
- Rivers / flooding / weather
- New Skills and Journeying
- Teamwork and communication – staying safe
- Environmental impact
- Water users – conflicts
- Understanding of Water Safety
- Signposting – future participation (Canyoning)

Key Words / Language / Briefings

Aims: Healthy activity / exploration + natural environment / challenge / cooperation – teamwork / communication / water safety / Leadership

Cross Curricular Learning :

- Cymraeg Place names and locations
- Physical Geography – Water cycle – Erosion Weathering
- Human Geography – Land use changes & conflict
- Environmental / Flora / Fauna
- Growth Mindset & facing challenge

Ethical, informed citizens who:

- find, evaluate and use evidence in forming views
- engage with contemporary issues based upon their knowledge and values
- understand and exercise their human and democratic responsibilities and rights
- understand and consider the impact of their actions when making choices and acting
- are knowledgeable about their culture, community, society and the world, now and in the past
- respect the needs and rights of others, as a member of a diverse society
- show their commitment to the sustainability of the planet and are ready to be citizens of Wales and the world.

Healthy, confident individuals who:

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The 4 Purposes

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Activity : RESIDENTIAL EXPERIENCE

A KS2 class taking part in a 1 / 2 Night Residential

Key Aims:

- G:** Growth mindset & positively facing challenge
Taking the first step
Can-Do attitude & lots of effort
- R:** Resilience – keeping going – physical activities
- I:** Interactions (communication) Independence
Encouraging / Supporting others
- T:** Teamwork opportunities & Teachers (cooperate)

Plus : Consideration / respect / Look after things

Opportunities for Learning (adding value)

Positive impact of activity on Health and Wellbeing (physical, mental, emotional)
New area – compare and contrast locality & economy
History – E.g., Agriculture / Mining / Forestry / Leisure
Environment awareness through exploration - Rivers / Mountains / coast / forest
Environmental conservation – looking after our world
Links to schoolwork / topics
Cymraeg – place names (E.g., Nant Bwlch Yr Haearn)
Health and Safety – or staying healthy and safe
Taking risks – manage & understand
Taking personal responsibility for self / others / kit
New skills & signposting for lifelong interest- healthy lifestyles, Team vs individual activities
Understand that challenge is good

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